

DISHERS AND THEIR ALLERGEN CONTENT - MARY DALY ASSOCIATES FOOD SAFETY

KILDARE - DEC 2020 Set Menu														
ANTIPASTI - Starters	Cereals (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide (wine)	Lupin	Molluscs
Tomato Bruschetta - toasted Altamura sourdough, garlic, vine ripened tomatoes, fresh basil	✓ *contains Wheat													
Arancini - Wild mushroom + tarragon arancini with truffle and lemon aioli	✓ *contains Wheat		✓			✓				✓		✓		
Minestrone Toscano (v) (vg) Hearty vegetable and Tuscan bean soup									✓			✓		
St. Tola Goats Cheese , heirloom tomato, endives, candied walnuts, calamansi dressing	✓ *contains Wheat					✓		✓ *contains walnuts	✓			✓		
MAIN	Cereals Wheat (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Ravioli Alfredo - mushroom filled pasta with parmesan cheese fonduta, roasted cherry tomato	✓ *Contains Wheat		✓			✓			✓			✓		
Spaghetti Bolognese - Spaghetti with slow cooked traditional bolognese, McLoughlin's butcher Irish beef, parmesan cheese	✓ *Contains Wheat		✓ cooked in same water as egg pasta			✓			✓			✓		
Amatriciana Rigatoni - Rigatoni Tuscan pancetta bacon, tomato, hint of chilli, pecorino cheese	✓ *Contains Wheat		✓ cooked in same water as egg pasta			✓			✓			✓		
Penne with Prawns - Penne pasta with Atlantic prawns, garlic + nduja butter, fresh herbs	✓ *Contains Wheat	✓	✓ cooked in same water as egg pasta	✓		✓			✓			✓		✓

DESSERTS	Cereals Wheat (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Chocolate Fondant - chocolate pud with a warm chocolate centre, served with pistachio gelato	✓ *Contains Wheat		✓			✓		✓ * contains pistachio nuts						
Apple Crumble - Served with Italian vanilla pod ice cream	✓ *Contains Wheat		✓			✓		✓ *Contains Hazelnuts, pistachio, almonds						
WINE	Cereals Wheat (gluten)	Crustaceans	Eggs	Fish	Soya	Milk	Peanuts	Nuts	Celery	Mustard	Sesame	Sulphur dioxide	Lupin	Molluscs
Mulled Wine												✓		